



Tobacco Free Policy



BACKGROUND AND RATIONALE

The Forest Edge Community Pool is committed to providing a healthy environment for participants, volunteers and spectators involved with our organization. We recognize that there is significant evidence demonstrating the negative health impacts of tobacco use and exposure (including second-hand smoke from the use of tobacco indoors and exposure to drifting smoke outdoors) and that no level of tobacco exposure is safe. We also recognize that children and youth gain positive images of tobacco use when they see role-models, leaders and individuals that they respect using tobacco, or any tobacco-like product, such as e-cigarettes, vaporizers, etc.

COMMITMENT

We believe that participation is a *healthy activity* that promotes physical activity and healthy living. Members, volunteers and staff involved in our *organization* have a responsibility to model positive health behaviour with regard to tobacco/smoking product use.

POLICY

Activities including but not limited to club meetings, club activates, swim team competitions, pool events e.g., fundraising and community BBQ's) and other performances sanctioned by our organization will be tobacco-free.

Definition: Tobacco-free means that the use of tobacco by members, volunteers, lifeguards parents/caregivers, and spectators is prohibited during all activities sanctioned or engaged in by our organization. *Tobacco products include:* cigarettes, cigars, pipes, cigarillos, tobacco chew, plug, or snuff, snus, hookah, bidis, e-cigarettes, vapors, and kreteks.

SCOPE AND LOCATION

The *Forest Edge Community Club's* tobacco-free policy will apply to all activities including, but not limited to general swim times, swim meets, swimming lessons, community BBQ's and other organized events (e.g., fundraising) sanctioned by our organization. Locations for each of these activities will vary, however our policy will apply to all locations while the Forest Edge Community Club's sanctioned activity is ongoing.

POLICY IMPLEMENTATION- We will promote the tobacco-free policy at all our activities by:

Providing a copy of the policy and explaining it to our members, volunteers and lifeguards. Lifeguards will explain the policy to parents/caregivers.

Correspond with us: 1051 Wonderland Road South PO Box 21053 London, Ontario, N6K 0C7 community@forestedgeclub.ca

The Heartbeat of Westmount!

Come swim with us: 427 Village Green Avenue London, Ontario, N6J 1Z1 (519) 473-1724 swim@forestedgepool.ca

- Reviewing and sharing the policy with others organizations/groups who may attend or participate in our activities.
- Including the policy in all orientation and information packages provided to lifeguards, volunteers, members and organizations attending or participating in our activities and/ or using our facilities.
- Making the policy visible throughout the year using various channels/opportunities including information on our website, banners/signage at events and encouraging coaches and all players to promote a tobacco-free lifestyle.

POLICY ENFORCEMENT

We will enforce the tobacco-free policy to ensure that all those attending and participating in the *Forest Edge Community Club's* activities has access to a tobacco-free environment. We will use the following steps to enforce our policy:

- **1.** Post signs about our policy where our activities take place, using signs, banners and include in information materials available at the activity.
- **2.** Encourage our lifeguards, members, and volunteers to respectfully remind individuals using tobacco at *Forest Edge Community Pool* activities about the tobacco-free policy.
- **3.** Provide one verbal warning to individuals who repeatedly do not follow the policy. Verbal warning will be delivered by an official representative of the *Forest Edge Community Pool* including member of the Board and Head Lifeguard. The Forest Edge Community Pool representative will inform the *Forest Edge Community Pool* Board about the verbal warning including the date, location and name of the individual who was warned.
- **4.** The Board will provide a formal written warning to the individual. Following a written warning, the individual violating the policy again may be brought to the *Forest Edge Community Pool* for disciplinary actions which could include being banned from all *Forest Edge Community Pool* events or having their membership suspended.

VERSION

Last Reviewed May 2014, Version 1.1